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CERTIFICATE BY THE SUPERVISOR

This is to certify that the dissertation entitled “**COMBINED EFFECT OF CIRCUIT TRAINING AND RESISTANCE TRAINING ON PHYSICAL PHYSIOLOGICAL AND PERFORMANCE VARIABLES OF FOOTBALL PLAYERS**” is a record of research work done by **Mr. JOHN.H.KAMALESH, (Reg.No:187)** part time Scholar of Doctor of Philosophy, in the Department of Physical Education, Tamil Nadu Physical Education and Sports University, Chennai during the year 2010-2014.

This dissertation is his original work and it has not previously formed the basis for the award to any candidate, for any degree, diploma, associate ship or other similar titles. This dissertation represents, entirely an independent work on the part of the candidate but for the general guidance by me.

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